

**YOGA ABHYAS FOR HEALTH,
HAPPINESS & GOD REALIZATION**

A program for adults on
Yogasana, Pranayama & Meditation
First Sunday 9:30 a.m. - 12:00
Contact: Virendra Gupta (856-424-9313)

YOUTH PROGRAM

A program for young adults
(ages 13-18) and parents.
2nd & 4th Saturday at 10:00 a.m.
Contact: Dahyabhai K.Patel
(856-772-0632)

CREATIVE ART WORKSHOP

1st, 3rd & 5th Sunday at 9:30 a.m.
Contact: Narendra Amin (856-429-8761)

GITA STUDY GROUP

Every Tuesday at 7:30 p.m.
Contact: Sharad Pimplaskar
(856-985-4785)

BAL VIHAR

A program for youngsters
for their physical, mental and
spiritual development.
2nd & 4th Sunday 10:00 a.m. - 12 Noon
Contact: Lata Pimplaskar (856-985-4785)
Mahendra Toprani (856-751-8278)

BHAJANS & STUTI

Every Friday 7:30 p.m. - 9:00 p.m.
Contact: Shri.Shuklaji (856-768-3134)