

8th Grade: Medhaa Syllabus

Core Reference Books

Purna Vidya Book 8: Religious Culture

A Children's History of India (*Distributed in 7th Grade*)

The History of Hindu India (*Distributed in 7th Grade*)

Purna Vidya Book 7: Isvara & Religious Discipline (*Distributed in 7th Grade*)

Gita for Children (*Distributed in 7th Grade*)

#	Purna Vidya	Indian History	Gita
1	Introduction to Religious disciplines and vows, Worship	Ancient India ("A Land Called Jambudivipa")	Arjuna's grief
2	Fasting, Japa & Discipline	First Civilation ("A City Named Harappa")	Knowledge - Sankhya Yoga
3	Resolve & Expiatory Religious Vows, Pilgrimage	"The Poets of the Vedas"	Karma Yoga
4	The five daily sacrifice	Buddhism	Renunciation through Knowledge
5	Salutation to the Sun Deity, Sandhyaavandanam	Jainism	True Renunciation
6	Karma as a religious discipline and Discipline in Speech	Sikhs	Self Control/Meditation
7	Acts of Charity, Religious Purity	Vijayanagar empire	Knowledge and Wisdom
8	Eight limbed Yoga	Maratha Empire	Imperishable Brahman
9	Introduction to Vedic Culture, Rishi Lineage, the name Hinduism	Independent India ("Building a Nation")	Royal Knowledge/Royal Secret
10	Food, Indian dress & Ornamentation	Independent India (cont.)	Divine Glories / Divine Cosmic Form
11	Indian home, Customs & Manners	"The Constitution of India"	Bhakti Yoga(Topic of Devotion) / Topic of the Known and the Knower
12	Language, the Hindu calendar	Constitution Cont.	Division of the three Gunas
13	Performing arts, temple culture	Major Events Post Independence 1	Purushottama Yoga (Topic of the whole person)
14	Cultural India, Places of pilgrimage	Major Events Post Independence 2	Divine and Asuric Dispositions
15	Rivers of India, Hindu Saints & Matas	Major Events Post Independence 3	Threefold Shraddha
16	Testing Day	Test	Freedom and Renunciation