



Satsang Sandesh

India Temple Association, Inc.

Hindu Temple, 25 E. Taunton Ave, Berlin, NJ 08009
SOUTH JERSEY ♦ DELAWARE ♦ PENNSYLVANIA
(Non-Profit Tax Exempt Organization, Tax ID # 22-2192491)

Vol. 46 No. 1 Phone: (855) MYMANDIR (855-696-2634) www.indiatemple.org JANUARY 2019

Religious Calendar

Tuesday Jan 1
Safra Ekadashi
Saturday, Jan 5
Shanichari Amavasya
Tuesday, Jan 15
Makar Shankranti,
Uttarayan, Pongal
Thursday, Jan 17
Putrada Ekadashi
Sunday, Jan 20
Vrat Purnima
Thursday Jan 31
Shat Tila Ekadashi

Sign up to Volunteer!!

Click on the community service logo on ITA website to check out the ITA community service opportunities and sign up to volunteer.



**January 20, Sunday 6pm
Shri Satyanarayan Puja**

**January 19, Saturday
Sunderkand Path 10am**

UPCOMING EVENTS

Happy VIKRAM SAMVAT 2075 & Happy New Year 2019!

Makar Shankranti, Uttarayan, Pongal—Tuesday, Jan 15

Shri Saraswati—February 3, Sunday

Vasant Panchami—Shri Saraswati Puja by children @ 2pm at temple

**VIKRAM SAMVAT 2075 / YEAR 2019—CALENDAR & Event Updates
ONLINE -<https://www.indiatemple.org/>**

**If you would like to receive temple info & Satsang Sandesh via email, Please
email vpinfo@indiatemple.org**

Special Prayers

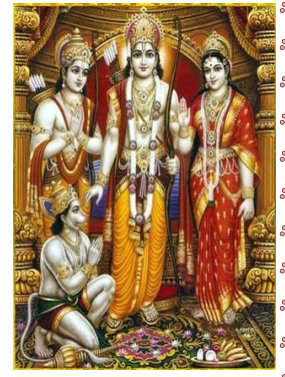
ITA has a program whereby you can have prayers performed on your behalf every year on a special day in your life by pledging \$301. Also, at your request, Shri. Bhupendra Shuklaji or Shri Sudhir Jhaji will perform a special puja on your behalf, or the regular temple puja performed on the designated day will be dedicated in your name. Below are the donors for this month.

• Dilip Guharoy	Jan 02	Anil Desai	Jan 20
• Mulchand Giyanani	Jan 05	Vinod Patel	Jan 20
• Milan & Monica Gupta	Jan 14	Shailen Patel	Jan 24
• Kusum Kumar	Jan 14	Narendra Amin	Jan 28
• Divyakant Parikh	Jan 14	Ravin Patel	Jan 31
• Ashvin-Deviyani Shah	Jan 18		



Monthly Pujas at Mandir

SUNDARKAND PAATH
Saturday, January 19 @ 10 AM to 12:00 Noon
Followed by Mahaprasaad sponsored by Gagan Palace



SATYANARAYAN PUJA
Sunday January 20 @ 6:00 PM
Followed by Mahaprasaad sponsored by Indian Vila
Anyone can sit in this Puja and receive blessings of Lord Satyanarayan.
Please contact Charuben at 856-662-8754
or Kshamaben at kshamatemple@gmail.com
if you are planning to be Puja Participant. Suggested Donation of \$31 or
more from Puja participants will be appreciated.

PROGRAMS FOR SENIORS BY HSC OF NJ
ICC, 820 RT 73, MARLTON, NJ

We will have one meeting on January 10, 2019, at 6.30 PM at ICC.
Dr. Abhijeet Rastogi, MD will review common reasons for lower back pain and non-surgical treatment options available as it relates to SENIORS.
Dr. Rastogi is the Medical Director and co-founder of North American Spine and Pain Consultants. He received his medical education from Univ. of Virginia and completed his residency at UPenn. Dr. Rastogi has been involved in multiple studies evaluating various cutting-edge minimally invasive spinal procedures. He is also the national fellowship Course Director for multiple companies involved in developing emerging spine technology. He has trained over 400 physicians in these techniques.
If you wish to sponsor for snacks, please call Manju Goel at 856-424-9028
Wish you all a happy, healthy and peaceful NEW YEAR!
Ram Arora, President



Prayers

We will be reciting Vishnu Sahasranamam and Lalitha Sahasranamam on Friday, January 4th at our Berlin Temple. We will start at 10:30 am. This will be followed by Aarti at 12 noon. Please join us with family and friends and get Blessings.



FREE YOGA CLASSES FOR ALL LEVELS
YOGA and Pranayam Classes at Berlin Mandir

How do we stay physically and mentally HEALTHY? Yoga - done on regular basis is the answer. So come in large numbers and enjoy the yoga classes in the serene atmosphere of the temple.
Dr. Veena Gandhi will be in India from the end of November to beginning of March, helping pre medical students and giving free Gyn. Services . She will resume YOGA Class in March. Hina will be teaching. Wish all of you will continue practices daily. All the best for the happy and healthy New Year-2019. In God's services, love you All.
Veena

Condolences

One of ITA member, Rasikbhai Mehta of Mount Laurel passed away on Tuesday, December 25, 2018. He is survived by his wife Naliniben, two children and four grandchildren. ITA and it's board extend their sincere condolences to Naliniben and Mehta family.
ITA past Vice President Shri Kamleshbhai Dave's mother-in-law Veenaben Desai passed away on 24 December 2018 in New Jersey. She was 85 years old. ITA and it's board extend their sincere condolences to Dave and Desai families.

Shri Saraswati—February 3, Sunday

Vasant Panchami—Shri Saraswati Puja by children @ 2pm—4pm at temple

Goddess Saraswati is the Hindu goddess of speech, learning, wisdom, arts, science, music, knowledge and more. In India, goddess Saraswati is worshiped at educational institutions in societies mostly from Eastern and Northern Parts of India on Vasant Panchami day (Magh Shukla Panchami). The very famous educational institution in modern India, Banaras Hindu University was founded by Shri Mahamana Madan Mohan Malviya Ji on Vasant Panchami Day. Goddess Saraswati, she is the consort of the lord Brahma. First Rigveda talks about goddess Saraswati and afterwards Upanishads and Puranas also describes goddess Saraswati. People worship Goddess Saraswati to attain enlightenment through knowledge and to rid themselves of lethargy, sluggishness and ignorance. Word of "Sara" means essence, and "sva" means one self, has the fused words meaning "essence of one self", and Saraswati meaning is one who leads to essence of self-knowledge.

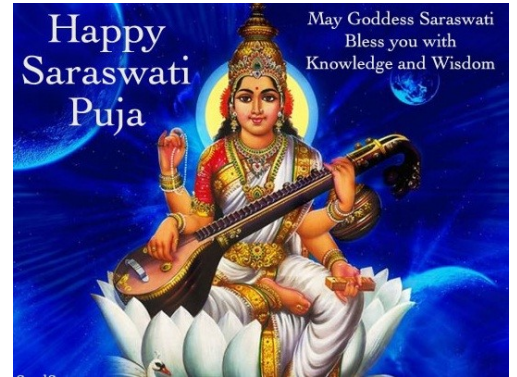


The goddess Saraswati is often depicted as a beautiful woman dressed in pure white often seated on a white lotus, which symbolizes light, knowledge and truth. She not only embodies knowledge but also the experience of the highest reality. Her icon is typically in white themes from dresses to flowers to swans – the color symbolizing Sattva Guna or purity, without any discrimination for true knowledge, insight and wisdom.

She has four hands that hold items with symbolic meanings - a pustaka (book or script), a mala (rosary), a water pot and a musical instrument (veena). The book she holds symbolizes the Vedas representing the universal, divine, eternal, and true knowledge as well as all forms of learning. A mala of crystals represents the power of meditation, inner reflection and spirituality. A pot of water represents the purifying power to separate right from wrong, the clean from the unclean, and the essence from the inessential. The most famous feature on goddess Saraswati is a musical instrument called a veena, representing all creative arts and sciences and her holding the veena symbolizes the expression of knowledge that creates harmony. Goddess Saraswati is also associated with anuraga, the love for and rhythm of music, which represents all emotions and feelings expressed in speech or music.

A hansa or swan is often located next to her feet. In Hindu mythology, the hansa is a sacred bird, which if offered a mixture of milk and water, is said to be able to drink the milk alone. It thus symbolizes the ability to discriminate between good and evil, essence from outward show, and the eternal from the evanescent. Due to her association with the swan or hansa, goddess Saraswati is also referred to as Hansvahini, which means "she who has a hansa as her vehicle". The swan is also a symbolism for spiritual perfection, transcendence and moksha. A mayura or peacock is shown beside the goddess. The peacock symbolizes colorful splendor, celebration of dance, and - as the devourer of snakes - the alchemical ability to transmute the serpent poison of self into the radiant plumage of enlightenment.

Saraswati Vandana: Yaa Kundendu tushaara haaradhavalaa,
Yaa shubhraavastravaritha.
Yaa veenavara dandamanditakara,
Yaa shwetha padmaasana.
Yaa brahmaachyutha shankara
prabhritibhir Devaihsadaa Vanditha,
Saa Maam Paatu Saraswatee
Bhagavatee Nihshesha jaadyaapahaa.
Om Tat Sat





Happy Makara Sankranti, Uttarayan, Bhogi, Maghi, Pongal, Lohri

Happy New Year 2019!
Happy Vikram Samvat 2075!
Wish you healthy, peaceful,
and prosperous new year !

Daytime Gita study group

A new Gita study group has just started meeting at the Temple on Tuesdays, 11AM to 12Noon. This is an informal group to study Gita verse by verse following "Bhagavat Gita Study" summaries published by India Temple Association. Since Gita speaks to every aspect of human issues, these discussions encourage questioning and reflecting upon our life and our thoughts. Many of the topics get repeated and reviewed in light of the on-going Gita verses.



The study is open to all. Please join in the group, as we would like as many people to participate as possible. You are never too late to join. Please contact Sharad Pimplaskar at (856) 466-1430 by text message or call.

Invitation to join Marlton Gita Study Group, At ICC on 820 NJ-73, Marlton, NJ 08053

Begins on Tuesday, September, 25th, 2018 Will Meet every Tuesday at 9:30AM

Uddhava Gita:

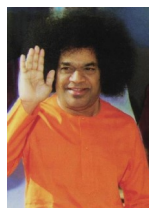
Beautiful Conversation Between Krishna and Uddhava.

Uddhava was Krishna's childhood friend and had done a number of services to Bhagwan Krishna. He had never asked anything from Krishna. Krishna asked him to ask for anything Uddhava wishes as a benefit or boon. Though Uddhava did not desire anything for himself, the conduct of Krishna, whom he had observed from childhood, appeared to be a riddle, with his words and deed being divergent. He wished to get an clarification from Lord Krishna.

What follows is a beautiful, heartening, enlightening and the final teachings of the Lord to His dearest devotee. These final chapters of Shri Bhagavatam is worth learning for every devotee of Lord Krishna and even the most ascetic Vedanta student who may have intellectually accomplished the study of the Vedas and yet may have missed its very glue to the human heart. As Shri Shankaracharya has said, Jnanam without Bhakti is like a wick burning in a lamp without the oil.

Class is Limited to 15 Members, only 10 more remaining.

Please register by email latap1215@gmail.com Or Call 856-9854785



Satya Sai Baba of Medford

Bhajans

January 18th, Friday 8-9pm

P.K. Prabhakar 856-596-3147 ; Sessa Vemuri 856-751-0687

Senior Social Group NEWS-----Seniors Social Group (SSG) arranged Chronic Pain Workshops

Please RSVP. The Chronic Pain Workshop Teaches/Trains " How to Live Healthy & Happy Life with The Chronic Pains" caused by many Illness/deceases/disabilities from Arthritis (RA & OA), Diabetes and Joint Operations etc. Presently 60 SSG members have been enrolled in the CPWs. For detailed info Contact **Bhulabhai Bhakta of SSG@ 856-983-0769.**

Senior Social Group

Senior Social Group (SSG) will meet every Tuesday at 1pm in the Social Hall at Berlin Temple. Please contact Mr. Bhulabhai Bhakta for details.

Free Notary Service Notary Service by our ITA Members—

The following ITA members provide Free Notary Service to our community:

Ghanshyam Dave.:856-596-7531; Raman Modhera: 856-528-2863 and Dalapat patel: 609-298-2724

**PROGRAMS FOR SPIRITUAL GROWTH
YOGA ABHYAS FOR HEALTH, HAPPINESS &
GOD REALIZATION:**

Contact: Veena Gandhi at 856-435-9148

GITA STUDY GROUP:

Every Tuesday 8-9 pm at our Mandir

Contact: Sharad Pimplaskar @ (856) 985-4785

BHAJANS & STUTI:

Every Friday, 7:30-9 pm

Contact: Shree Shuklaji(856) 768-6785 or

Shree Sudhirji (856) 768-3134

REGULAR PROGRAMS FOR CHILDREN AND YOUTH

BALVIHAR: For children (PRE-K to 8th Grade) teaches Sanatana Dharma, Vedic Heritage and Indian Culture. Two Sundays a month from 10 am - 1 pm.
Contact: Malathi Shankar, Sagar Dalal, Samir Patel at -855-my-mandir ext 3 or bvadmin@indiatemple.org

YOUTH PROGRAM: A program for young adults (9th to 12th Grade).

Contact: Lalit Patel at -855-my-mandir ext 4 or youthadmin@indiatemple.org

CREATIVE ART WORKSHOP

1st, 3rd & 5th Sunday @ 9:30 am at our Mandir

Contact: Sudha Patel (856)489-4065 or art@indiatemple.org

PUJA SERVICE CHARGES, TEMPLE FACILITIES USAGE FEE AND OTHER CHARGES:

The following provides list of applicable charges and fees. Shri Shuklaji /Shri Sudhirji will be available for religious services on request. Please check temple availability at www.indiatemple.org; Click on “CALENDAR tab” and, from drop-down menu, Click on “EVENT/RENTAL CALENDAR”. **Please contact Anoo Joshi at 1-855-MY-MANDIR Ext 715 for the booking of the Temple Facilities and/or scheduling of Puja Services by Shuklaji or Sudhirji.**

Please note that 50% of the listed cost of Puja performed outside the temple goes to Pujari in addition to his regular salary.

PUJA SERVICE **	INSIDE TEM- PLE	OUTSIDE TEMPLE	Following listed fees and charges are in addition to the charges listed for Puja Services
Archana(Panchopachar)	\$11	N/A	
Vahan (Vehicle) Puja	\$21	N/A	
Namakaran/Annaprashan	\$51	\$101	
Birthday	\$51	\$101	<u>TEMPLE FACILITIES USAGE FEE:</u>
Shraddha	\$51	\$101	Prayer Hall: \$200
Anniversary Celebration	\$101	\$151	Social Hall: \$300
Seemant	\$101	\$151	
Kesh Mundan Puja	\$101	\$151	
Sodashopchar, Kalash Puja, Punyah-Vachan or Blessings	\$101	\$151	
Satyanarayan Puja	\$121	\$151	
Engagement Ceremony	\$101	\$201	
Havan/Grah Shanti	\$201	\$251	<u>OTHER CHARGES</u>
Vastu Puja - outside service only	N/A	\$251	\$51. travel charges for 25 to 50 miles
Wedding Grah Shanti	\$201	\$301	\$101 travel charges for 51 to 100 miles
Wedding Ceremony per day	\$301	\$351	\$51 Non-member charges
Upanayan/Yagnopavita	\$251	\$301	
Antim Rites (Funeral Service)	Voluntary donation		
Uttar Kriya per day-outside service only	N/A	\$101	
Yagna//laghu rudra - outside service only	N/A	\$351	
Navchandi Yagna—outside service only	N/A	\$651	

NOTE: Charges and availability of other Puja Services not listed above may be discussed with Anoo Joshi @ (855) my-mandir Ext 715

DIRECTION TO BERLIN TEMPLE

A. From Tacony Bridge:

Take NJ route 73S; drive about 12-13 miles and follow sign for East Taunton Ave. Temple on your right

B. From Ben Franklin Bridge:

Take route 30E to NJ route 70E to NJ route 73S, drive about 7 miles and follow sign for East Taunton Ave. Temple on your right

C. From Walt Whitman Bridge or Delaware Memorial Bridge:

Take I-295N to Exit 29-A for route 30E to Berlin Twp. Turn left on East Taunton Ave.

D. From Central and North Jersey:

Take NJ turnpike south, Exit 4 for route 73S. Drive about 10-11 miles and follow sign for East Taunton Ave. on your right.



India Temple Association, Inc.

25 E. Taunton, Berlin, NJ 08009

EDITOR:
Brinda Raghuvver
25 East Taunton Ave
Berlin, NJ 08009
Editor@indiatemple.org

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2018 Core Executive Committee

President
Lalit Patel

1-855-my-mandir x 710
president@indiatemple.org

VP of Programs
Pankaj Desai

1-855-my-mandir x 711
vpprograms@indiatemple.org

VP of Communications & Information

Vidya Shukla
855-my-mandir x 712
vpinfo@indiatemple.org

VP of Events
Charu Sheth

855-my-mandir x 713
vpevents@indiatemple.org

Treasurer
Samir K. Patel

855-my-mandir x 714
treasurer@indiatemple.org

Temple Manager
Anoo Joshi

855-my-mandir x 715
manager@indiatemple.org

Darshan Schedule

Morning

9:00 am - 1 pm

Evening

3 pm - 9 pm

Aarti

12 pm & 8 pm

Times may change during special occasions

*If back door is locked,
please try front door, ring
the bell and call
856 768 3134*

Digital Satsang Sandesh available online at
<https://www.indiatemple.org/>
Or via email.

If you would like to receive a Satsang Sandesh via email
Please email vpinfo@indiatemple.org

Please check appropriate items from the following, and mail it to
Hindu Temple, 25 East Taunton Ave., Berlin, NJ 08009 Attn: Mr. M. Kanzaria

I/We would like to join India Temple Association and I/We are remitting the membership dues (please select one) Individual or Family one year (\$75) _____

Individual or Family three year (\$111) _____

Individual or Family five year (\$161) _____

Life (\$1,001) _____

I/ We are seniors, age 65 and above and would like to join India Temple Association. I am/We are remitting the membership dues

(please select one) Individual or Family Five year (\$25) _____

Life (\$101) _____

I am adding additional donations:

_____ Scholarship Fund _____ Lifetime Seva (\$301) _____ Temple Renovations

_____ Seva Samiti Fund _____ Bal Vihar Fund _____ Youth Fund

I am relocating to the following address

Last Name: _____ First Name: _____

Spouse Last Name: _____ Spouse First Name: _____

Address: _____

Telephone: _____ E-mail: _____

Spouse Telephone: _____ Spouse E-mail: _____