



Satsang Sandesh

India Temple Association, Inc.

Hindu Temple, 25 E. Taunton Ave, Berlin, NJ 08009
SOUTH JERSEY ♦ DELAWARE ♦ PENNSYLVANIA
(Non-Profit Tax Exempt Organization, Tax ID # 22-2192491)

Vol. 70 No. 1 Phone: (855) MYMANDIR (855-696-2634) www.indiatemple.org JUNE 2016

Religious Calendar

June 16 Thursday

- Nirjala / Bhim Ekadashi / Shri Gayatri Jayanti

June 19 Sunday

- Vatsavritri Purnima

June 30 Thursday

- Yogini Ekadashi

July 4 Monday

- Somvati Amavas

Monthly Bhajans

June 3, Friday

- Vishnu Sahasranama Parayanam @ 8 pm

June 10 Friday 7:30pm

- Shree Ji Bhajan
Urmi Upadhyay 856-424-9328; Charu Sheth 856-662-8754

June 17, Friday 8-9pm

- Satya Sai Baba of Medford

P.K. Prabhakar 856-596-3147 ; Sessa Vemuri 856-751-0867

American Cancer Society's Relay for Life Event on June 4, 2016

**ITA GRADUATION YAGNA
Sunday June 5th, 2016 @4 PM**

**Talks by Swami Veditatmanada
Monday & Tuesday, June, 6th & 7th, from 8:00 PM - 9:30 PM**

Sunderkand Path on Saturday June 18, at 10 am

Satyanarayan puja on Sunday June 19 at 3:30pm

Dr. Ram Kamaldasji's sermons Monday, June 20—Friday, June 24 From 7pm to 8:30pm; Saturday, June 25 10:30am to 12:30pm

Our Hindu calendar is available for viewing at www.indiatemple.org. Please select Calendar, followed by option 'Vikram Samvat 2072'. The Calendar has two parts. After the initial name page, next two pages are summary of the entire year's event. Rest of the details are laid out by month.

Special Prayers

ITA has a program whereby you can have prayers performed on your behalf every year on a special day in your life by pledging \$301. Also, at your request, Shri. Bhupendra Shuklaji or Shri Sudhir Jhaji will perform a special puja on your behalf, or the regular temple puja performed on the designated day will be dedicated in your name. Below are the donors for this month.

- | | | | |
|----------------------------------|---------|----------------------------|---------|
| • Dunthur & Yedahalli Puttaswamy | June 02 | Hemali & Vaishali Kothari | June 13 |
| • Kartik Patel | June 04 | Dahyalbhai & Taraben Patel | June 13 |
| • Meghan & Melanie Patel | June 04 | Santosh Khurana | June 19 |
| • Milan Patel | June 06 | Rushikesh Parghi | June 21 |
| • Bharat Gandhi | June 07 | Ishvar Patel | June 22 |
| • Dinesh Patel | June 08 | Rushikesh Parghi | June 25 |
| • Ramesh Gupta | June 12 | Kartik & Duptha Patel | June 29 |
| • Rushikesh Parghi | June 12 | Kalavati Desai | June 29 |

From Me to You
Pranams.

‘The life you live and the world you live in are up to you’.

In Japan, it is said that words of the soul reside in a spirit called kotodama or the spirit of the words, and the act of speaking words has the power to change the world. We all know that words have an enormous influence on the way we think and feel, and that things generally go more smoothly when positive words are used.’

The power of ‘Love and gratitude’ are said to be what all the legitimate and venerable world religions are based on. This simple sentiment is not only the elixir for all in the world to thrive upon with joy and vivacity; it is the antidote for the negative vibrations that pollute our hearts and minds. These twin words ‘Love and gratitude’ could serve as our guide in this complex and often hazardous world.

If you fill your heart with love and gratitude, you will find yourself surrounded by so much that you can love and that you can feel grateful for, and you can even get closer to enjoying the life of health and happiness that you seek. On the contrary, if signs of hate, dissatisfaction, and sadness are emitted, you will most likely find yourself in a situation that aligns itself with these negative emotions.

Let us practice this art of ‘Love and gratitude’ towards one and all; let us be grateful for what we have, what our Mandir offers to us, and let us do our bit to make this Mandir the beacon of peace for the succeeding generations.

May God bless us all.

As always,

Ramesh Viswanathan

HINDU SENIOR CITIZENS OF SOUTH JERSEY

www.hinduseniors.com

Venue-ICC Marlton,NJ 08053

Meeting on June 9,2016 will dwell on the concepts and beliefs of Jain Dharma. The speaker, Mr. Dilip Shah will briefly talk about the Basic 3A's,concept of God in Jainism, theory of Karma, Path of Liberation, Jain way of life and Navkar Mantra.

Mr. Dilip Shah is a retired civil engineer and a community activist in Phila. since 1970. Served as Secretary and President of JAINA .Received JAINA's highest award-JAINA RATNA in 2015. Now active in promoting academic studies of Jainism in Colleges and Universities.

Meeting on June 23,2016--- Bollywood night 2016-Sries1-- Local artists from our senior group,namely Baldev Patel, Aarti shah and Devang Parikh will entertain us with songs from the 60's through 2015. Original Songs of Mohammed Rafi,Kishore Kumar,,Lata Mangeshkar,Alka Yagnik and Asha Bhosle will be sung by these Artists .Listening to those songs ,our memory lane will take us back to our school/college days.

Music is a part of our lives from the moment we enter the world, until the moment we leave it. Music is so beneficial for Senor's struggling with memory loss. Music also helps in upping the quality of life and over-all feeling of happiness.Music also has the power to lower levels of Stress hormone, Cortisol and there is scientific evidence to back it.

If you want to sponsor for Snacks , please call Manju Goel at 856-424-9028

Thanks , Ram Arora, President



Come Support Team ITA Seva Samiti/Service Group
American Cancer Society's Relay for Life of Marlton
on Saturday, June 4th 2016
at Cherokee High School(Football Field), Marlton NJ

Opening Ceremony @ 12 noon

Games for Kids & Adults, DJ, Photo Booth, Yoga,
Meditation by Lata Pimplaskar, Tae Kwon Do, BollyZumba by Nadia
Garba, Antakshari, Henna Art, Face Painting, Tattoo, Balloon Art,
Relay Pageant, Relays Got Talent, Musical Chair Scavenger,
Hula Hoop Contest, Line Dances, Luminaria Ceremony, Parade of Teams,
Plenty of Food including SAMOSA & CHAI!

Enjoy Food, Fun & Entertainment for Entire Family

Give HOPE, SUPPORT & CARE, RELAY with us to Help Find a CURE!

For donations or for more details visit www.indiatemple.org



ITA GRADUATION YAGNA Sunday June 5th, 2016 @4 PM



WHAT: A community celebration for graduates of all levels - all milestones (*Elementary, Middle, High School, College graduate, Post graduate*)
Puja of all the deities — Yagna Havan, ITA Essay Scholarship Award, Graduate recognition, Aarti,



Mahaprasad (dinner)



WHEN: Sunday June 5th 4-6 PM

WHERE: Hindu Mandir, 25 E Taunton Ave. Berlin, NJ 08009

RSVP: Ramesh Gupta 2011.ramesh.gupta@gmail.com By Friday June 3rd

DONATION: Suggested \$51 per family

PARKING: *There is ample Free parking two blocks from the mandir (on Haines and Garwood) on left hand side in the Berlin Borough Municipal Lot.*

Talks by Swami Veditatmanada Monday & Tuesday, June, 6th & 7th, from 8:00 PM - 9:30 PM At Our Temple in Berlin, NJ Topic: Knowledge & Devotion



Devotion is not apart from knowledge. When I understand things, devotion automatically arises in me. When I understand that everything belongs to Him, an attitude of humility and devotion arises in me. When I recognize that everything is done for me, a spirit of returning the favor arises in me. What we call devotion is, thus, never apart from knowledge. It is knowledge that brings about this attitude which we call devotion. Therefore a devotion born of understanding is a sustaining devotion, whereas a devotion that is born without any understanding can easily go away; if something happens that I do not understand, that devotion can go.

Sri Swami Veditatmananda

Sri Swami Veditatmananda, a disciple of Sri Swami Dayananda Saraswati, expounds Vedanta with a simplicity and directness that make it easy to assimilate. Having lived and worked in the United States prior to becoming a renunciate, Swami Veditatmananda is familiar with the lifestyles in India and the West. With his insight into both cultures, he reaches out to everyone with equal ease. Swami Veditatmananda graduated in 1978 from the course taught by Pujya Swamiji in Bombay, India. Since then he has been extremely active, teaching, writing books and preparing Pujya Swamiji's words for publication. He visits the Gurukulam every year during spring/summer and conducts classes. Under the banner of Adhyatma Vidya Mandir, Swami Veditatmananda conducts various programs to disseminate the knowledge of the scriptures. He gives talks on the Upanishads and the Bhagavad Gita all over Gujarat, India. He also conducts management seminars with a view of showing the relevance of Vedanta in management. Swami Veditatmananda's Tatvatirtha Ashrama is situated in the western outskirts of Ahmedabad in Gujarat. As its name suggests, it is a center for learning the Tattva, i.e. the truth. For info call Lata 856-985-4785 or email latap1215@gmail.com

Monthly Pujas at Mandir



It is a pleasure to perform Satyanarayan puja on Sunday June 19 at 3:30pm and read Sunderkand Path on Saturday June 18, at 10 am at our Temple with family and friends. We invite you to join us and perform Satyanarayan puja every Purnima day with family and friends and receive the blessings of Almighty God. Donations are welcome. Suggested donation is \$ 31. It is followed by Mahaprasad generously sponsored by Indian Villa.



Please join us for Sunderkand Path held on Saturday of each month. Mahaprasad generously sponsored by Gagan Palace.
Jai Krishna, Kshama

Dr. Ram Kamaldasji's sermons



Dr. Ram Kamaldasji, Pujya Maharaj-ji a resident of Varanasi, India, is an expert speaker. He has captured the hearts of devotees all over India and in many, many parts of the world, including but not limited to devotees in UK, Germany, Fiji, New Zealand and USA. He has written and published several books, such as Bhakti Path, Vedanta Pravah and Manas Vandana. Having a Ph.D. in Upanishads and MA in Hindi, he is an internationally known "Kathakar". He was invited in the year 2000 for and by the United Nations Religious Conference and it is our great fortune that he has blessed

our temple, congregation and community every year since then.

This year's sermons will be on "Philosophy of Uttarkand."

Examples from Ramayana and other scriptures will be provided at the following time and dates at our temple. Monday, June 20, through Friday, June 24 From 7pm to 8:30pm; Saturday, June 25 From 10:30am to 12:30pm. For Further inquiry pl call Drs. Amrit & Anju Nayar at 856-778-1781, Or Devendra & Rachita Singh at 609-248-5966 Or Rakesh & Nila Kohli at 856-751-8688.

Senior Social Group

Senior Social Group (SSG) will meet every Tuesday at 1pm in the Social Hall at Berlin Temple. Please contact Mr. Bhulabhai Bhaktaji at [8569830769](tel:8569830769) for details.

Notary Service- The following ITA members provide Free Notary Service to our community:
Ghanshyam Dave of Marlton. (H) 856-596-7531 ghanu44@aol.com
Raman Modhera of Voorhees. (H)856-528-2863 rvmodhera@gmail.com
Dalpat Patel of Columbus. (H)609-298-2724 imperialin@aol.com

ITA Scholarship Announcement

Every year, ITA awards scholarships to the current high school graduates, based on their essays, academic performance, community service, and volunteering in ITA related activities. The topics for the essays are given beforehand. I'd like to acknowledge the Essay judge panel members: Amrita Desai, Sharada Krishnamurthy, Asha Verma. Also, thanks are in order to Ramesh Gupta for serving on the Scholarship committee.

This year, we have selected two winners. They both are very distinguished scholars and wrote excellent essays. Both contestants were very competitive with respect to academics and extra-curricular activities.

First Place: Mr. Amol Lotia; Second Place: Mr. Vipul Bhat

We wish all the winners a wonderful future as they embark on a quest to uncover their inner potential in colleges and beyond. They will be awarded during the ITA Graduation Yagna on Sunday June 5th at 4 pm at the Mandir. I hope you and your families will join me in celebrating these two ITA Scholars. The first place winning essay follows this announcement.

Jai Shri Krishna, Sangeeta Rashatwar, ITA Scholarship Committee Chair

Karma Theory and Reincarnation By Amol Lotia

Growing up in America as a child of immigrants is a rewarding experience that provides the opportunity for the integration of two separate cultures and values. I was raised in a trilingual household where I learned to speak Gujarati and Hindi simultaneously with English. I grew up reading Harry Potter and Indian mythology; watching Disney Channel and Bollywood films; celebrating Christmas and Diwali.

A vital portion of my growing up in an enriching multicultural home was due to my grandparents, who spent hours teaching me about traditional Indian culture. Not only did I learn about my heritage, but I also was given the opportunity to learn about my religion, Hinduism.

I first learned about the idea of karma at home where, as a naughty child, I was constantly reminded that, due to karma, my misdeeds would come back to hurt me one day. Naturally, I did not take well to this concept early on: I thought that I should be able to do as I please, without fear of repercussion. It was not until the inaugural day of first grade when I started to realize the value of my grandparents' credo. The first thing our teacher taught us was her Golden Rule: "Do unto others as you wish others do unto you." Now, although I had no idea what "unto" meant, this idea seemed to make sense. If everyone followed this rule, no one would ever have reason to be upset, and all would be happy. It was due to these early teachings that, as I matured, I began to adopt the idea of karma as my own and began to remain mindful of my actions, actively embodying righteousness. I continued my journey developing a personal philosophy in the Indian Temple Association's Youth Group. We met every Sunday to discuss the teachings of Hinduism and their applications to daily life. We studied ancient Vedic scriptures and were encouraged to synthesize their teachings with our own contemporary viewpoints to form dynamic perspectives about life. It was here that I first began learning about reincarnation and its implications on our lives. Before, I had imagined karma to be an expendable entity, which would exhaust before death. In Youth Group, I learned that our souls transgress this human form and reincarnate into new forms, new bodies. With our souls, comes our personal karmic account; a credit score we will never lose. Our present lives are shaped by the actions of our former 'selves,' just as our quality of life in the future will be dictated by our choices today.

This expansive concept takes a lot of sagacity to understand but after intense discourse with Praveen Ji and others at Youth, as well as my own study of the Gita, I began to internalize its message. Hinduism teaches us a lot about its Gods, prayers and rituals but to me, its most important teachings are those that teach one how to conduct life successfully. The ideas of karma and reincarnation contribute to shaping one's moral compass because they highlight both the negative and the positive results of our actions. Personally, as an Indian American teen, I strive to embody these fundamental Hindu teachings while consolidating them with my American values. Moving forward, I will continue to embrace both sides of my culture and build upon the lessons they have each taught me in order to grow as an intellectual being and eventually attain fulfillment from all my endeavors.

Programs for Your Spiritual Growth

YOGA ABHYAS FOR HEALTH, HAPPINESS & GOD

REALIZATION: A program for adults on Yogasana, Pranayam & Meditation.

First Sunday: 9:30 -11:30 am at our Mandir

Contact: Surendra Sheth@ (856) 985-3700

GITA STUDY GROUP:

Every Tuesday & Wednesday, 8-9 pm at our Mandir

Contact: Sharad Pimplaskar @ (856) 985-4785

BHAJANS & STUTI:

Every Friday, 7:30-9 pm

Contact: Shree Shuklaji or Shri Sudhirji (856) 768-6785

Regular Programs for Children and Youth

BAL VIHAR: For children (ages 4-13), to promote a

positive Hindu identity within the diverse U.S. culture.

2nd & 4th Sunday @ 10 am - 1 pm

Contact: Malathi Shankar (856) 424-7849, and Bhavesh

Patel 1-855-my-mandir ext 3 for registration and location

YOUTH PROGRAM: A program for young adults (ages 13-18) and parents. 2nd & 4th Sunday, 9:45 am - 1 pm at our Mandir.

Contact: Praveen Garg at (856) 783-4692 or Sangeeta

Rashatwar at (856) 424-4211

CREATIVE ART WORKSHOP

1st, 3rd & 5th Sunday @ 9:30 am at our Mandir

Contact: Sudha Patel (856)489-4065

PUJA SERVICE CHARGES, TEMPLE FACILITIES USAGE FEE AND OTHER CHARGES:

The following provides list of applicable charges and fees. Shri Shuklaji /Shri Sudhirji will be available for religious services on request. Please note that 50% of the listed cost of Puja performed outside the temple goes to Pujari in addition to his regular salary. Please check temple availability at www.indiatemple.org; Click on "CALENDAR tab" and, from drop-down menu, Click on "EVENT/RENTAL CALENDAR". **Please contact Shri. Divyakant Parikh at 1-855-MY-MANDIR Ext 1 for the booking of the Temple Facilities and/or scheduling of Puja Services by Shuklaji or Sudhirji.**

PUJA SERVICE	INSIDE TEMPLE	OUTSIDE TEMPLE	Following listed fees and charges are in addition to the charges listed for Puja Services
Archana (Panchopachar)	\$11	N/A	
Vahan (Vehicle) Puja	\$21	N/A	
Namakaran/Annaprashan	\$51	\$101	
Birthday	\$51	\$101	
Shraddha	\$51	\$101	
Anniversary Celebration	\$101	\$151	
Seemant	\$101	\$151	
Kesh Mundan Puja	\$101	\$151	
Sodashopchar, Kalash Puja, Punyah-Vachan or Blessings	\$101	\$151	
Satyanarayan Puja	\$121	\$151	
Engagement Ceremony	\$101	\$201	
Havan/Grah Shanti	\$201	\$251	
Vastu Puja - outside service only	N/A	\$251	
Sunderkand Path	\$151		
Wedding Grah Shanti	\$201	\$301	
Wedding Ceremony per day	\$301	\$351	
Upanayan/Yagnopavita	\$251	\$301	
Antim Rites (Funeral Service)	Voluntary Donation		
Uttar Kriya per day - outside service only	N/A	\$101	
Yagna/Laghu Rudra - outside service only	N/A	\$351	
Navchandi Yagna - outside service only	N/A	\$651	
			TEMPLE FACILITIES USAGE FEE
			Prayer Hall: \$200
			Social Hall: \$300
			OTHER CHARGES
			MILEAGE AND TRAVEL TIME TIER
			\$0 for 1 - 25 mile radius
			\$51 for 26 - 100 mile radius
			\$101 for 101 - 150 mile radius
			\$151 for 151 - 200 mile radius
			NON-MEMBER
			\$51 for non-member surcharge

NOTE: Charges and availability of other Puja Services not listed above may be discussed with Smt. Charu Sheth at 1-855-MY-MANDIR Ext 1

DIRECTION TO BERLIN TEMPLE

A. From Tacony Bridge:

Take NJ route 73S; drive for about 12 - 13 miles and follow signs for East Taunton Avenue. Temple is on your right

B. From Ben Franklin Bridge:

Take route 30E to NJ route 70E to NJ route 73S, drive for about 7 miles and follow signs for East Taunton Avenue. Temple is on your right

C. From Walt Whitman Bridge or Delaware Memorial Bridge:

Take I-295N to Exit 29-A for route 30E to Berlin Twp. Turn left on East Taunton Avenue

D. From Central and North Jersey:

Take NJ Turnpike South. Exit 4 for route 73S. Drive for about 10 - 11 miles and follow signs for East Taunton Avenue on your right



India Temple Association, Inc.

25 E. Taunton, Berlin, NJ 08009

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PLEASE REVIEW YOUR ADDRESS LABEL AND RENEW YOUR MEMBERSHIP BASED ON EXPIRATION DATE OR SUPPORT ITA WITH YOUR ENROLLMENT IF YOU ARE NOT IDENTIFIED AS A MEMBER

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Religious Services

Facility Rental

Temple Manager

Charu Sheth

Darshan Schedule

Morning

9:00 am - 12:30 pm

Evening

3 pm - 9 pm

Aarti

12 pm & 8 pm

Times may change during
special occasions

***Please use the front door
and ring the bell if locked***

**Please check appropriate items from the following, and mail it to
Hindu Temple, 25 East Taunton Ave., Berlin, NJ 08009 Attn: Mr. M. Kanzaria**

I/We would like to join India Temple Association and I/We are remitting the membership dues
(please select one) Individual or Family one year (\$51) _____
Individual or Family five year (\$151) _____
Life (\$1,001) _____

I/ We are seniors, age 65 and above and would like to join India Temple Association. I am/We are
remitting the membership dues
(please select one) Individual or Family Five year (\$25) _____
Life (\$101) _____

I am adding additional donations:
_____ Scholarship Fund _____ Lifetime Seva (\$301) _____ Temple Renovations
_____ Seva Samiti Fund _____ Bal Vihar Fund _____ Youth Fund

I am relocating to the following address

Last Name: _____ First Name: _____

Address: _____

Telephone: _____ E-mail: _____