



Satsang Sandesh

A monthly news magazine of

India Temple Association, Inc.

Hindu Temple, 25 E. Taunton Ave, Berlin, NJ 08009
SOUTH JERSEY ♦ DELAWARE ♦ PENNSYLVANIA
(Non-Profit Tax Exempt Organization, Tax ID # 22-2192491)

Vol. 50 No. 1 Phone: (855) MYMANDIR (855-696-2634) www.indiatemple.org OCTOBER 2014

Religious Calendar

October 2 Thursday
Durgashtami—Havan
October 3 Friday
• Vijayadashami
(DASHERA)
October 4 Saturday
• Pshankush Ekadashi
October 7 Tuesday
• Sharad Purnima / Satyanarayan Katha
October 11 Saturday
• Karak Chaturthi/Kadva Choth
October 19 Sunday
• Rama Ekadashi
October 21 Tuesday
• **Dhan Terash-Dhan Puja**
October 22 Wednesday
• Kali Chaudash/Narak Chaturdash
October 23 Thursday
• **Diwali—Laxmi Puja / Annakoot in Mandir**
October 24 Friday
• Happy New Year
Monthly Activities
October 3, Friday
• Vishnu Sahasranama Parayanam @8pm
October 7, Tuesday
• Shri Satyanarayan Pooja @6pm
October 18, Saturday
• Sundarkand Path 10am
Monthly Bhajans
October 17 Friday 8-9 pm
• Satya Sai Baba of Medford P.K.Prabhakar 8565963147
Sesha Vemuri 856-751-0867
October 24 Friday 8-9 pm
• Shree Ji Bhajan
Urmi Upadhyay 856-424-9328
Charu Sheth 856-662-8754

Upcoming Programs in October

October 2, Thursday, Durgashtami - Ashtmi Havan - 4-7 pm in mandir

Ravan Dahan on Friday October 3 at 6 pm at the ICC

October 7, Tuesday Shri Satyanarayan Pooja @6pm in mandir

October 18, Saturday Sundarkand Path @10am in mandir



Diwali Celebration at Berlin Mandir
DHAN TERAS PUJA

Tuesday, October 21, 6:00 p.m.

Please call Kshama Raghuvver at 610-642-2875 or Binduben at 856-768-6785 to participate as PUJA YAJMAN



DIWALI CELEBRATION W/ANNAKOOT

Thursday, October 23 from 5 pm to 9:30 pm

Initiation of Diwali Celebration will be with Laxmi Pujan at 5:30 p.m. Upon completion of Puja, Temple will host Bhajan Program along with ANNA-KOOT . We will have Aarti at 5:30, 7, 8, 9 pm

We can request that Prasad is brought as early as possible.

Please call Binduben at 856-768-6785 if you are planning to bring Annakoot Prasad. Appropriate items will be allocated for offering and presentation. Please bring Prasad in sufficient quantity to serve 25 people.

Please join us for the New Year day celebrations starting at 6 am on Friday, October 24.

Special Prayers

ITA has a program whereby you can have prayers performed on your behalf every year on a special day in your life by pledging \$301. Also, at your request, Shri. Bhupendra Shuklaji or Shri Sudhir Jhaji will perform a special puja on your behalf, or the regular temple puja performed on the designated day will be dedicated in your name. Below are the donors for this month.

• Patel Dupla	Oct 01	Pandya Surina	Oct 14
• Patel Dahyabhai & Taraben	Oct 02	Gupta Renu	Oct 18
• Dave Kamlesh & Vrinda	Oct 05	Patel Dahyalal & Sushila	Oct 21
• Shah Mosmi	Oct 06	Patel Piyush	Oct 23
• Patel Kusum N.	Oct 08	Patel Chandrika	Oct 24
• Gandhi Vijay	Oct 10	Gupta N. K.	Oct 26
• Patel Dahyabhai & Taraben	Oct 13	Goyal Arjun	Oct 29
• Dave Jitendra	Oct 14		

Condolences

Ketan son of our founding members Thakorbbhai and Indiraben's Patel now residing in Houston TX passed away on September 05, 2014 at young age of 43. Both are ITA founding members. It is with deep sorrow and sadness to inform you all that Hemant's mother, Pu. Jayaben Shah passed away in Mumbai on Sunday, Aug 31. She was 85. Shri shirishbahi Mehta of Voorhees, Gitabens's husband, passed away on ITA and its board extend their heartfelt condolences to the family members.

Senior Citizens' Program

**Wednesday October 8, 6:30 pm to 9:15 pm and Wednesday October 22, 6:30 pm to 9:15 pm at ICC
Hindu Senior Citizens of South Jersey**

Note: Our meetings in October and November will be on second and fourth Wednesdays

Wednesday October 8

Pain Management – No body has to live with pain. Pain can be managed; pain can be treated; pain can be cured. Low back Pain is the second commonest ailment in the U.S. causing significant loss of active life style, disability and healthcare expense. The diagnosis, prevention, palliation and treatment require diligent work up by qualified clinicians in a timely manner. Physical therapy, massage, chiropractic manipulation, Reiki, acupuncture, medications, and aquatherapy are the commonest treatments offered in the early stages of the disease. Epidural Injections, nerve blocks, or surgery are late options for more advanced disease. The audience will have an opportunity to ask questions. The presenter is Dr. Rakesh Gupta, Chief Pain Management at Virtua Hospital.

Wednesday, October 22

Diwali Grand Celebrations – We will celebrate Diwali by offering 56 *bhog* to the Lord and singing *bhajans* to invoke his blessings and our inter-connectedness with the universe. Members are requested to sign up for one dish each. The size of the dish is a medium sized aluminum pan. All the *bhog* dishes (28 sweet and 28 *namkeen*) need to be freshly prepared at home with love and devotion. The *bhog* dishes will be vegetarian finger food, lovingly presented with decoration. All the 56 *bhogas* will be presented to the Lord formally with huge ceremonial rituals in the name of those who have prepared the *bhog* dishes for the Lord. We will honor the first 56 sign-ups – first come first served. Members are requested to dress up gorgeously for the festive look.

It will tremendously help in organizing food arrangements if you RSVP to HSC1914@gmail.com by Monday before the event.

**S. Gambhir
President, HSCSJ**

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### Monthly Pujas at Mandir



It is a pleasure to perform Satyanarayan puja on Tuesday, October 7, at 6 pm and read Sunderkand Path on Saturday October 18, at 10 am at our Temple with family and friends. We invite you to join us and perform Satyanarayan puja every Purnima day with family and friends and receive the blessings of Almighty God. Donations are welcome. Suggested donation is \$ 31. It is followed by Mahaprasad generously sponsored by Indian Villa. Please join us for Sunderkand Path held on third Saturday of every month. Mahaprasad generously sponsored by Gagan Palace.

**Jai Krishna, Kshama**



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Open Mike Night

On Friday, October 10, from 7 - 8 pm

Aarti at 8 pm At Our Mandir, Berlin Temple

Please join us and have a pleasant Musical Evening. You are invited to sing Bhajans, Patriotic or Holy songs. Please contact Mr. Danny Saparia, email - dannysaparia@verizon.com for details.

Jai Srikrishna



ITA Scholarship Announcement

Every year, ITA awards scholarships to the current high school graduates, based on their essays, academic performance, community service, and volunteering in ITA related activities. The topics for the essays are given beforehand. This year, we have selected six winners. We wish all the winners a wonderful future as they embark on a quest to uncover their inner potential in colleges and beyond.

By Sagar Desai

I was raised to be a devout Hindu. I have never eaten meat. I show consistent service for others and have incredible respect for my elders. I come together with family and friends to celebrate every festive holiday, no matter how small. As much as I love the color and community associated with Hindu traditions, there is one view of our philosophy that always bothers me: *karma*.

I understand how karma can be a comforting idea. It's an easy explanation for undesired outcomes. But dependence on this concept of universal cause and effect boggles my mind. For example, the residents of the slums of Bombay believe they are there because of sins from previous lives. This explanation is regressive and lazy. It dissuades action and promotes ignorant acceptance. Karma is one of the most basic beliefs of Hinduism, yet it is one I strongly want to phase out.

Not only does it provide a false justification for one's situation, but karma also makes people believe they cannot change. When my sister, Chandni, volunteered with Vision Rescue, a local Mumbai NGO (Non Governmental Organization), she witnessed this first hand. Children, both Hindu and Muslim, had the same attitude about their situation: permanency. However, the Hindu children thought karma was the culprit and there was nobody to blame but themselves. This is not true. They themselves are to blame, but for something else: for not changing. There is a world outside that they do not know, and if they look, there is a road to follow.

Although this is just one side of the karma belief in Hinduism, I understand how it came about and why religious devotees choose to believe in it. It simplifies down to a very fundamental belief of right and wrong. Karma was a *guide*, steering you on your path if you somehow veered off, which many of us indeed do. In theory, this is a great practice: if people feel incentivized to do good, then they will – if not, at the least they will refrain from doing injustice. However, this guide has evolved to a dehumanizing religious overstatement. People have given up their lives because of karma and even more than that: their futures.

What I ask is not a radical change in the fundamental beliefs of our religion, but an update to a more progressive way of thinking. We should not be *relying* on the way of life from over 4,000 years ago. We should be *learning* from it and taking the core beliefs while progressing the minor facets. As I said, I am a devout Hindu but I am also a boy living in a world in which if you don't believe one religion, Jesus condemns you to hell, in which if you throw salt over your shoulder, god will look out for you, but most concerning of all: a world in which if you're born into a slum, it's *your* fault. We change these beliefs not just to say we are more progressive, but to save lives, and salvage the bright minds that are stuck in the dark slums.

Art Gallery of Shri Narendra Amin

ITA offers art classes run by one of our founding members, Narendra Amin. Mr. Amin began these classes in May 1985. He is a fantastic artist and creates beautiful sculptures. He has painted portraits of various saints for the Saints Gallery at the temple. He creatively imparts history and religion in the form of art to the young people in his classes. Over 200 children have taken his classes over the past 25 years. Mr. Amin's art has enriched lives of his students and those who take the time to appreciate his work. It is my pleasure to circulate Mr. Amin's beautiful website within our community. Please click on the link <http://narendraamin.com> to enjoy Mr. Amin's art gallery

ITA Seva Samiti



Rajen Vakil's three day seminar on the Three Step Rhythmic Breathing technique and Arjuna Vishad Yoga took place at our Mandir from Friday September 12 to Sunday August 15. The first part of the seminar was an in-depth review and demonstration of several breathing exercises in time with music. These exercises have their base in Yoga and daily practice results in physical, mental and emotional well-being. The music and video demonstrations of these breathing exercises can be downloaded on his website at <http://3srb.org> We have all been exposed to Yoga teaching but Mr. Vakil's simple and reasonable explanation showed how we can use our breath to cope with stress or emotional overload, to literally breathe ourselves into a stable and calm state of mind. His novel approach to Chapter 1 of the Gita, examining the characters and the milieu of the battlefield provided food for thought. He provided a unique interpretation of The Mahabharata as an allegory of the human psyche. Kurukshetra, where the Kauravas and Pandavas fought, is a metaphor for our struggles and resulting mental distress. This insight can help us reexamine our thought process and the actions we take, giving us a greater appreciation for the Mahabharata, written by Sage Vyas so many centuries ago. More information about Arjun Vishad Yoga topic can be found at www.3stepbreath.com/articles.html Attendees were very excited by the program and look forward to Mr. Vakil coming back next year. Seva Samiti program contacts:

Sandwich bags for the homeless: Hina Desai hinamdesai@hotmail.com; Youth program: Chetna Giyanani chetnatemple@gmail.com
Funeral services: Charu Sheth charu_sheth@yahoo.com; Parivar Seva: Sunitha Reddy sunithahreddy@yahoo.com

JAI SHREE KRISHNA

From the Desk of ITA President Sangeeta Rashatwar = ITA thanks Shri Virendra Gupta Ji

Our ITA YogaAbhyas Guru, Shri Virendra Gupta Ji has relinquished his responsibilities as a Yoga, meditation, and pranayama teacher of our mandir effective July 31, 2014. He has served in this role since 1983. On behalf of the ITA Board, I would like to take this opportunity to thank him for his selfless service to our community for the last 31 years.

Since 1983, Shri Virendra Gupta Ji has been teaching Yoga and meditation to help our community learn physically, emotionally, mentally, and spiritually from this ancient knowledge given to us by our Yogis, saints and sages. "Yoga teaches an individual Self LOVE, Gratitude, Humility, Serving Others Selflessly, Universal Love and Expansion of Consciousness which ultimately leads to the main goal of life i.e. SELF REALIZATION", states Shri Gupta Ji. By conducting workshops on Yoga, Pranayama, Meditation on a regular basis, he has imparted the knowledge of his Guru, Himalayan, Bal Yogi H.H. Brahmin Lal Baba.

Today, Shri Gupta Ji's students practice the ancient knowledge of Yoga, pranayam, and mediation daily in their homes. On a proud note, many of his students have blossomed into teachers imparting knowledge at commercial institutions and health clubs. I wish him well in his future endeavors and once again thank him for imparting this ancient knowledge to our community.

Balvihar September 2014- Ganesh Puja

By Vikram Meyyappan

The first day of the Balvihar year started off with the Ganesh Puja at the Cherokee High School. We had lot more new registrants than usual. We chanted slokas and mantras as usual at the start of the session with Malathi aunty. Later, Priest Sudhir-ji helped us perform the puja. He guided the children through an elaborate and well explained step-by-step puja. The children enjoyed performing the puja. Parents who attended the session that day helped the Balvihar volunteers distribute puja thalis to the kids. What an auspicious way to start the Year! Thank you Sudhir-ji.



Unlike the previous years we have textbooks and badges given to every student this year. It is mandatory for all the students to wear these badges to every session which has their name and their class schedule on it. Thanks to all the great ideas that our ITA members and the teachers come up



with.

Starting from the next session we will be having Malathi aunty's sloka session starting at 9:30 am at the cafeteria. Students who wish to attend must be there at the scheduled time to make the best use of it.

We had a Bharatanatyam performance by Rashmi Devadiga & Sudharshana Govindasamy taught by Anu aunty. She explained every posture and mudras of the dance to the children of Balvihar before her students performed. It was an amazing performance. Thanks to all their efforts.

As we have more kids this year, announcements were made asking for more parent volunteers to help with the classes. Towards the end of the session we had the Aarthi followed by the lunch.

Ganapathy bappa moriya!

Ganesh Chaturthi Celebration August 29, 2014 thru September 7, 2014

For the first time, ITA celebrated the 10 day Ganesh Chaturthi Festival at the temple.

The festival started with Ganesh Sthapana on August 29th at 6.00 pm with a small procession from the parking lot to the worship hall welcoming Shri Ganesh to our temple. Fabulous decorations by Smt. Lata Pimplaskar and her volunteers and the handmade Ganesh idol by Shri Narendra Amin brought out the true beauty of celebrating the festival at our temple. The temple had daily Ganesh Aarti on week days at 7.30 pm and weekends at 11.30am and 7.30 pm.



We had an enthusiastic participation from our community members. Families and friends grouped together to sponsor daily Maha Prasad and Aarti Prasad for the festivities. Ganapati bhajans and dhuns, shlokas and chantings filled the temple air during the celebrations. Community members that attended the event, felt they were back home in India celebrating with their families. Many thanks all to the Maha Prasad sponsors, participants, organizers, and volunteers who made this event a

grand success.

The 10 day festivities at the temple ended on September 7th, with the "Ganesh Visarjan" - immersion of the Ganesh idol. Carrying Ganesh idol the people from the community took out a procession from the worship hall to the parking lot, chanting "Ganpati Bappa Morya, Pudhchya Varshi Lavkar Ya" - we bid adieu to Ganeshji only to invite HIM to come again soon.

ITA looks forward to celebrating Ganesh Chaturthi at the temple every year with greater participation from the community. We are signing up sponsor for the aarti or mahaprasad for 2015 Ganesh Celebrations. Please contact Anoo Joshi at anootemple@gmail.com for more details.

May Lord Ganesh, remover of all obstacles bless everyone with a good health, happiness, and prosperity!!!



NAVARATRI! - NAVADURGA! - NINE FORMS OF GODDESS DURGA!

Nava – that also means 'new' – denotes 'nine' the number to which sages attach special significance. Hence, we have Nava-ratri (9 nights), Nava-patrika (9 leaves / herbs / plants), Nava-graha (9 planets), and Nava-Durga (9 appellations).

There are the 9 manifestations of Goddess Durga. Each goddess has a different form and a special significance. Nava Durga, if worshipped with religious fervor during Navaratri, it is believed, lift the divine spirit in us and fill us with renewed happiness.

All the nine names of goddess are narrated in 'Devi Kavacha' of the 'Chandipatha' scripture. Learn about the nine goddesses in the following that include beautiful watercolor paintings of each appellation.

**** (Shailaputri)** Shailaputri literally means the daughter (putri) of the mountains (shaila). Various known as Sati Bhavani, Parvati or Hemavati, the daughter of Hemavana - the king of the Himalayas, she is the first among Navadurgas. Her worship takes place on the first day of Navaratri – the nine divine nights. The embodiment of the power of Brahma, Vishnu and Shiva, she rides a bull and carries a trident and a lotus in her two hands.

**** (Bharmacharini)** She is worshipped on the second day of Navaratri and is the second form of Mother Goddess. Bharmacharini means one who practices devout austerity. She enlightens us in the magnificent embodiment of Durga with great powers and divine grace. She holds a rosary in her right hand and a water utensil in her left hand. She is blissful and endows happiness, peace, prosperity and grace upon all devotees who worship her. Filled with bliss and happiness, she is the way to emancipation - Moksha.

**** (Chandra Ghanta)** The third facet of Goddess Durga is 'Chandraghanta', who is worshipped on the third day of Navaratri, for peace, tranquility and prosperity in life. She has a 'chandra' or half moon in her forehead in the shape of a 'ghanta' or bell. That is why she is called 'Chandraghanta'. She is charming, has a golden bright complexion and rides a lion. She has ten hands, three eyes and holds weapons in her hands. She is the apostle of bravery and possesses great strength to fight in the battle against demons.

**** (Kushmanda)** Kushmanda is the fourth form of the mother goddess and is worshipped on the fourth day of Navaratri. The meaning of the name 'Ku-shm-anda' is as follows: 'Ku' = a little; 'ushma' = 'warmth'; 'anda' = 'the cosmic egg'. So she is considered the creator of the universe. The universe was no more than a void full of darkness, until her light spreads in all directions like rays from the sun. Often she is depicted as having eight or ten hands. She holds weapons, glitter, rosary, etc., in her hands, and she rides a lion.

**** (Skanda Mata)** The fifth aspect of the Mother Durga is known as 'Skanda Mata' - the mother of Skanda or Lord Kartikeya, who was chosen by gods as their commander in chief in the war against the demons. She is worshipped on the fifth day of Navaratri. She is accompanied by the Lord Skanda in his infant form. Skanda Mata has four arms and three eyes, holds the infant Skanda in her right upper arm and a lotus in her right hand which is slightly raised upwards. The left arm is in pose to grant boons with grace and in left lower hand which is raised also holds a lotus. She has a bright complexion and often depicted as seated on a lotus.

**** (Katayani)** The sixth form of Mother Durga is known as 'Katayani', who is worshipped on the sixth day of Navaratri. The legend behind her name goes thus: Once upon a time, there was a great sage called Kata, who had a son named Katya. Kata was very famous and renowned in the lineage of saints. He underwent long austerities and penance in order to receive the grace of the Mother Goddess. He wished to have a daughter in the form of a goddess. According to his wish and desire the Mother Goddess granted his request. Katayani was born to Kata as an avatar of Durga.

**** (Kaal Ratri)** This is the seventh form of Mother Durga and is worshipped on the seventh day of Navaratri. She has a dark complexion, disheveled hair and a fearlessness posture. A necklace flashing lightning adorns her neck. She has three eyes that shine bright and terrible flames emanate from her breath. Her vehicle is the donkey. Her raised right hand always seems to grant boons to all worshippers and all her right lower hand is in the pose of allaying fears. Her left upper hand holds a thorn-like weapon, made of iron and there is a dragger in the lower left hand. She is black like Goddess Kali and holds a sparkling sword in her right hand battle all evil. Her gesture of protection assures us of freedom from fear and troubles. So she is also known as 'Shubhamkari' – one who does good.

**** (Maha Gauri)** She is worshipped on the eighth day of Navaratri. Her power is unending and instantly fruitful. As a result of her worship, all sins of past, present and future get washed away and devotees get purified in all aspects of life. Maha Gauri is intelligent, peaceful and calm. Due to her long austerities in the deep forests of the Himalayas, she developed a dark complexion. When Lord Shiva cleaned her with the water of the Ganges, her body regained its beauty and she came to be known as Maha Gauri, which mean extremely white. She wears white clothes, has four arms, and rides on a bull. Her right hand is in the pose of allaying fear and her right lower hand holds a trident. The left upper hand holds a 'damaru' (a small rattle drum) and the lower one is in the pose of granting boons to her devotees.

**** (Siddhidatri)** Siddhidatri is the ninth form of Goddess. She is worshipped on the ninth day of Navaratri. Siddhidatri has supernatural healing powers. She has four arms and she is always in a blissful happy enchanting pose. She rides on the lion as her vehicle. She blesses all Gods, saints, yogis, tantrics and all devotees as a manifestation of the Mother Goddess. In 'Devi Bhagvata Purana' it is mentioned that Lord Shiva worshipped her and was blessed with all Siddhis (supernatural powers). By her blessings his half body became female and other half body male in the avatar of Ardhnarishvara.

"Is it possible to understand God's action and His motive? He creates, He preserves, and He destroys.

Can we ever understand why He destroys? I say to the Divine Mother: 'O Mother, I do not need to understand. Please give me love for Thy Lotus Feet'. The aim of human life is to attain bhakti. As for other things, the Mother knows best." (Sri Ramakrishna Paramahansa)



**DhanTeras Puja
Tuesday October 21**

Bring your jewelry, or precious items for Dhan Puja. In order to participate as yajman in puja, please contact, Binduben Shukla at 856-768-6785. Suggested donation is \$51.

**Diwali - Annakut - Laxmi Pujan
Thursday, October 23**

In order to participate in Laxmi puja as a Mukhya yajman or Sah Yajman, please contact **Harshad Patel at Harshad41@aol.com or Ghanshyam Dave at ghanu44@aol.com**. If you would like to bring Prasad for Annakut, please contact and register with Binduben Shukla or Nikunjana Dave. Please drop your Prasad early by 3:30 PM to allow for presentation and decoration. Puja starts at 5 pm. First Aarati at 5:30 PM, with subsequent at 7 PM, 8 PM, 9 PM.



Sponsorship: PUJA 5 PM

\$251 and above, Mukhya Yajmans \$101 Sah Yajmans

Contact: Harshad Patel at Harshad41@aol.com or Ghanshyam Dave at ghanu44@aol.com.

PRASAD

Bring your Prasad by 4 pm. 56 bhog, 28 sweet, 28 namkeen.

For questions, or to register, please contact Binduben Shukla [856-768-6785](tel:856-768-6785) or Nikunjaben Dave at [856-596-7531](tel:856-596-7531)

Aarati: 5:30 PM, 7 PM, 8 PM, and 9 PM

Please drop your Prasad early by 3:30 PM to allow for presentation and decoration. Puja starts at 5 pm. First Aarati at 5:30 PM, with subsequent at 7 PM, 8 PM, 9 PM.

PUJA 5 PM Sponsorship \$251 and above, Mukhya Yajmans \$101 Sah Yajmans

Contact: Harshad Patel at Harshad41@aol.com or Ghanshyam Dave at ghanu44@aol.com.

PRASAD

Bring your Prasad by 4 pm. 56 bhog, 28 sweet, 28 namkeen. For questions, or to register, please

Contact: Binduben Shukla [856-768-6785](tel:856-768-6785) or Nikunjaben Dave at [856-596-7531](tel:856-596-7531)

Aarati: 5:30 PM, 7 PM, 8 PM, and 9 PM

Vikram Samvat 2071 - New Year—Friday October 24

Please join us for the New Year day celebrations starting at 6 am. First Aarati is at 6 AM and then every half hour until noon. Enjoy nashta served 9 am – 11:30 am. Please contact Nikunjaben or Binduben to sponsor Nashta and Prasad. Suggested items for Nashta are: tea, mathia, gota, sweets. Bring to the mandir by 8:30 am.



Nashta & Prasad sponsors:

Contact: Binduben Shukla [856-768-6785](tel:856-768-6785) or Nikunjaben Dave at [856-596-7531](tel:856-596-7531)

Aarati: 6:00 AM, and every half hour until Noon. 4:00 PM and every half hour until 8 PM.

Life Members Recognition

Thank You for your support! As a token of our appreciation, we are honoring you through this newsletter. The Temple will attempt to fulfill your many needs in the coming years by providing you and your loved ones a place to worship, to commemorate important events in your life, to share with the community at large in cultural events/ festivals and attend spiritual discourses/classes

HONOREES

Mr. Deepak & Meeta Chaturvedi, Mr. Shital & Darshana Patel, Mr. Samir & Urvashee Patel

Programs for Your Spiritual Growth

YOGA ABHYAS FOR HEALTH, HAPPINESS & GOD

REALIZATION: A program for adults on Yogasana, Pranayam & Meditation.

First Sunday: 9:30 -11:30 a.m. at our Mandir

Contact: Virendra Gupta @ (856) 424-9313

GITA STUDY GROUP:

Every Tuesday & Wednesday, 8-9 p.m. at our Mandir

Contact: Sharad Pimplaskar @ (856) 985-4785

BHAJANS & STUTI:

Every Friday, 7:30-9 p.m.

Contact: Shree Shuklaji or Shri Sudhirji (856) 768-6785

Regular Programs for Children and Youth

BAL VIHAR: For children (ages 4-13), to promote a positive Hindu identity within the diverse U.S. culture.

2nd & 4th Sunday @ 10 a.m. - 1 p.m.

Contact: Ramesh Viswanathan (856) 489-1830, Bhavesh Patel 1-855-my-mandir ext 3, Rina Patel (856) 313-5235 for registration and location

YOUTH PROGRAM: A program for young adults (ages 13-18) and parents. 2nd & 4th Sunday, 9:45 a.m. - 1 p.m. at our Mandir.

Contact: Praveen Garg (856) 783-4692 or Sangeeta Rashatwar at (856) 424-4211

CREATIVE ART WORKSHOP

1st, 3rd & 5th Sunday @ 9:30 a.m. at our Mandir

Contact: Narendra Amin (856) 429-8761

PUJA SERVICE CHARGES, TEMPLE FACILITIES USAGE FEE AND OTHER CHARGES:

The following provides list of applicable charges and fees.

Shri Shuklaji /Shri Sudhirji will be available for religious services on request. Please check temple availability at www.indiatemple.org; Click on "CALENDAR tab" and, from drop-down menu, Click on "EVENT/RENTAL CALENDAR". **Please contact Smt. Charu Sheth or Shri. Harish Shelat at 1-855-MY-MANDIR Ext 1 for the booking of the Temple Facilities and/or scheduling of Puja Services by Shuklaji or Sudhirji.**

PUJA SERVICE	INSIDE TEMPLE	OUTSIDE TEMPLE	Following listed fees and charges are in addition to the charges listed for Puja Services
Archana (Panchopachar)	\$11	N/A	<p><u>TEMPLE FACILITIES USAGE FEE</u> Prayer Hall: \$200 Social Hall: \$300</p> <p><u>OTHER CHARGES</u></p> <p><u>MILEAGE AND TRAVEL TIME TIER</u></p> \$0 for 1 - 25 mile radius \$51 for 26 - 100 mile radius \$101 for 101 - 150 mile radius \$151 for 151 - 200 mile radius <p>NON-MEMBER \$51 for non-member surcharge</p>
Vahan (Vehicle) Puja	\$21	N/A	
Namakaran/Annaprashan	\$51	\$101	
Birthday	\$51	\$101	
Shraddha	\$51	\$101	
Anniversary Celebration	\$101	\$151	
Seemant	\$101	\$151	
Kesh Mundan Puja	\$101	\$151	
Sodashopchar, Kalash Puja, Punyah-Vachan or Blessings	\$101	\$151	
Satyanarayan Puja	\$121	\$151	
Engagement Ceremony	\$101	\$201	
Havan/Grah Shanti	\$201	\$251	
Vastu Puja - outside service only	N/A	\$251	
Sunderkand Path	\$151		
Wedding Grah Shanti	\$201	\$301	
Wedding Ceremony per day	\$301	\$351	
Upanayan/Yagnopavita	\$251	\$301	
Antim Rites (Funeral Service)	Voluntary Donation		
Uttar Kriya per day - outside service only	N/A	\$101	
Yagna/Laghu Rudra - outside service only	N/A	\$351	
Navchandi Yagna - outside service only	N/A	\$651	

NOTE: Charges and availability of other Puja Services not listed above may be discussed with Smt. Charu Sheth at 1-855-MY-MANDIR Ext 1

DIRECTION TO BERLIN TEMPLE

A. From Tacony Bridge:

Take NJ route 73S; drive for about 12 - 13 miles and follow signs for East Taunton Avenue. Temple is on your right

B. From Ben Franklin Bridge:

Take route 30E to NJ route 70E to NJ route 73S, drive for about 7 miles and follow signs for East Taunton Avenue. Temple is on your right

C. From Walt Whitman Bridge or Delaware Memorial Bridge:

Take I-295N to Exit 29-A for route 30E to Berlin Twp. Turn left on East Taunton Avenue

D. From Central and North Jersey:

Take NJ Turnpike South. Exit 4 for route 73S. Drive for about 10 - 11 miles and follow signs for East Taunton Avenue on your right



India Temple Association, Inc.

25 E. Taunton, Berlin, NJ 08009

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Temple Manager

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Harish Shelat
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Darshan Schedule

Morning

7:30 am - 12:30 pm

Evening

3 pm. - 9 pm

Aarti

12 pm & 8 pm

Times may change during
special occasions

**Please use the front door
and ring the bell if locked**

**PLEASE REVIEW YOUR ADDRESS LABEL AND RENEW YOUR
MEMBERSHIP BASED ON EXPIRATION DATE OR SUPPORT ITA WITH YOUR
ENROLLMENT IF YOU ARE NOT IDENTIFIED AS A MEMBER**

**Please check appropriate items from the following, and mail it to
Hindu Temple, 25 East Taunton Ave., Berlin, NJ 08009 Attn: Mr. M. Kanzaria**

I/We would like to join India Temple Association and I/We are remitting the membership dues
(please select one) Individual or Family one year (\$51) _____
Individual or Family five year (\$151) _____
Life (\$1,001) _____

I/ We are seniors, age 65 and above and would like to join India Temple Association. I am/We are
remitting the membership dues
(please select one) Individual or Family Five year (\$25) _____
Life (\$101) _____

I am adding additional donations:
_____ Scholarship Fund _____ Lifetime Seva (\$301) _____ Temple Renovations
_____ Seva Samiti Fund _____ Bal Vihar Fund _____ Youth Fund

I am relocating to the following address

Last Name: _____ First Name: _____

Address: _____

Telephone: _____ E-mail: _____