

Satsang Sandesh

A monthly news magazine of

India Temple Association, Inc.

Hindu Temple, 25 E. Taunton Ave, Berlin, NJ 08009 SOUTH JERSEY ◆ DELAWARE ◆ PENNSYLVANIA (Non-Profit Tax Exempt Organization, Tax ID # 22-2192491)

Vol. 49 No. 1 Phone: (855) MYMANDIR (855-696-2634)

www.indiatemple.org

SEPTEMBER 2014

Religious Calendar September 7 Sunday

- Shri GANESH Visarjan Celebration in Mandir September 5 Friday
- Parivartan Ekadashi September 6 Saturday
- Shri Vaman Jayanti September 8 Monday
- Mahalayarambh— Shraddh Paksh starts
- Shri Anant Chaturdashi/Purnima / Satyanarayan Katha

September 17 Wednesday

- Matri Navami Shradha September 19 Friday
- Indira Ekadashi
- September 23 Tuesday
- Sarva Pitri Amas— Shraddha Paksh concludes

Monthly Activities

September 5, Friday

- Vishnu Sahasranama Parayanam @8pm September 8, Monday
- Shri Satyanarayan Pooja @6pm

September 20, Saturday

• Sundarkand Path @10am

Monthly Bhajans

September 19 Friday 8-9 pm · Satya Sai Baba of Medford P.K. Prabhakar 856-596-3147 Sesha Vemuri 856-751 -0867

September 26 Friday 8-9 pm · Shree Ji Bhajan Urmi Upadhyay856-424-9328 Charu Sheth 856-662-8754

Upcoming Programs in September

Ganesh Sthapan on Friday August 29 at 6:30 pm in mandir

Shri Ganesh Visarjan on Sunday September 7 at 6 pm in mandir

Bhadrapad Purnima / Anant Chaturdashi Satyanarayan Katha Monday, September 8 at 6 pm at mandir

3 STEP RHYTHMIC BREATHING MEDIATION & BHAGWAT GEETA Friday Sept 12, 6:30-9; Saturday Sept 13, 3-6; Sunday Sept 14, 4-7

Matri Navami Shradha on Wednesday, Sept.17, 2014 at mandir

Open Mike Night On Friday, September 19, from 7-8pm at mandir

Sundarkand Paath Saturday September 20 at 10 am at mandir

Sarva Pitri Shadha on Tuesday Sept.23, 2014 at mandir

SRI VISHNU SAHASRANAMA PARAYANA Saturday, Sept 27, 930am

Ravan Dahan on Friday October 3 at 6 pm at the ICC

Special Prayers

ITA has a program whereby you can have prayers performed on your behalf every year on a special day in your life by pledging \$301. Also, at your request, Shri. Bhupendra Shuklaji or Shri Sudhir Jhaji will perform a special puja on your behalf, or the regular temple puja performed on the designated day will be dedicated in your name. Below are the donors for this month.

•	Hudson James	Sep 01	Soni Devendra	Sep 17
	Patel Vinod N		Shah Nagindas & Champaben	Sep 19
	Giyanani Mulchand		Mistry Nathu	Sep 22
	Patel Kashiben		Aggarwal Girish	Sep 23
•	Patel Ajay	Sep 10	Doshi Kirti	Sep 23
•	Kochhar Omila	Sep 14	Patel Babubhai	Sep 27
•	Patel Krina	Sep 14	Patel Thakor	Sep 28
•	Maheswari Arun	Sep 17	Vijay & Asha Gupta	Sep 30

Condolences

Our ITA member Binesh Desai's father, Shree Ghanshyambhai Vitthaldas Desai, age 82, passed away Auguest 12, 2014. He is survived by his wife, Surbalaben, three daughters, Archanaben, Shilpaben, Sonalben, one son, Binesh Desai and two grand sons. ITA and its board extend their sincere condolences to their families.

Senior Citizens' Program

Thursday September 11, 6:30 pm to 9:15 pm and Thursday September 25, 6:30 pm to 9:15 pm at ICC Sept. 11

Indian History – Our collective memories awakened through knowledge of history tell us who we are and what we can be proud of. Avin Dube, an avid reader of Indian history, will make a power point presentation about the golden period of Indian history of Chandragupta Maurya, characterized by military power, organized bureaucracy, developed economy, and strong currents of Buddhism and Jainism.

Computer Workshop, date to be decided in early Sept. ICC 2nd Floor. Contact J.P.Gupta at 856.235.3028. Proposed trips for cruises – contact Ram Arora at 856. 629.6720 and for a trip to Broadway and Grounds for Sculpture contact Ramesh Upadhyay at 856.424.9328.

Sept. 25

Giving Back to Community – Our expansion of the concept of self and our collective wellbeing is the key to our happiness. There will be three power point presentations - Dr. Jagbir Singh about a high school for girls he started in his village in western U.P., Dr. Veena Gandhi about the Ekal Vidayalaya movement for rural India, and Romi Mallik about her project Tapasyalayam in Uttarkashi - a place of worship, education, tuitions, women empowerment, annadanam and charitable provision of blankets, shoes and medical help

It will tremendously help in organizing food arrangements if you RSVP to HSC1914@gmail.com by Monday before the event.

S. Gambhir President, HSCSJ



It is a pleasure to perform Satyanarayan puja on Monday, September 8, at 6 pm and read Sunderkand Path on Saturday September 20, at 10 am at our Temple with family and friends. We invite you to join us and perform Satyanarayan puja every Purnima day with family and friends and receive the blessings of Almighty God. Donations are welcome. Suggested donation is \$ 31. It is followed by Mahaprasad generously sponsored by Indian Villa. Please join us for Sunderkand Path held on third Saturday of every month. Mahaprasad generously sponsored by Gagan Palace. Jai Krishna, Kshama



Open Mike Night

On Friday, September 19, from 7 - 8 pm Aarti at 8 pm At Our Mandir, Berlin Temple

Please join us and have a pleasant Musical Evening. You are invited to sing Bhajans, Patriotic or Holy songs. Please contact Mr. Danny Saparia, email - dannysaparia@verizon.com for details.

Jai Srikrishna



Navratri Celebrations are in September 2014

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Ravan Dahan



For first time ever, ITA is celebrating Dusehra with Ravan Dahan.

Please save the date for Friday October 3. It will be held at 6 pm at the ICC.

We will have cultural show, food, vendor stalls, and of course the Raavan Dahan. If you are interested in participating in the show or to become a vendor, please contact Sangeeta Rashatwar SangeetaRashatwar@gmail.com Please come with your family and friends.

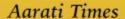
~**~**~**~**~**~**~**

ITA invites you to join in for our very first Ganesh Utsav!

Ganesh Sthapan & Puja FridayAugust, 29th @ 6.30 pm followed by Ganesh







at 610-642-2875.

August 30th-Saturday Aarati @ 11.30 am & 7:30 pm

August 31st- Sunday Aarati @11:30 am & 7.30 pm

September 1st thru 5th Aarati @ 7.30 pm

September 6th-Saturday Aarati @ 11.30 am @ 7.30 pm

September 7th-Sunday Aarati @ 11.30 & 6:00pm Aarati & Visarjan

& Mahaprasad by Sangeeta & Subhash Rashatwar

Donations are welcome. Receive blessings, remove obstacles, sponsor Prasad but hurry only a few dates are remaining for sponsorship.

To sponsor prasad please contact Anoo Joshi@ 856-616-2460

Charu Sheth at 856-662-8754 or Kshama Raghuveer

Ganapati Bappa Moriya! Don't miss!

One of a kind Ganeshji's Murti is created by our dedicated artist, Narendrabhai Amin! Don't Miss This Special Darshan!



ITA Scholarship Announcement

Every year, ITA awards scholarships to the current high school graduates, based on their essays, academic performance, community service, and volunteering in ITA related activities. The topics for the essays are given beforehand. This year, we have selected six winners. We wish all the winners a wonderful future as they embark on a quest to uncover their inner potential in colleges and beyond.

The Path to Success and Happiness by Vignesh Meyyappan

One day, we will all grow old. Everyone one of us, regardless of the external factors in our lives, will age, and near the end, many of us will question whether we have lived a happy, meaningful, and successful life. Keep in mind, however, that the definition of success and happiness differs from person to person. One person may be happy from serving their time to rehabilitate troubled youth and thus feel that their life is successful, while another individual may only be happy when he/she has earned copious amounts of wealth.

Though happiness and success are defined differently, the path to achieve these two goals can be quite similar for many people when looking at life as composed of 3 sectors: the personal/career sector, the family sector, and the spiritual sector.

In my view, it is necessary to be successful in all three sectors in order to be truly happy in life, regardless of what one does. The first sector, named the personal/career sector, deals with one's own personal choices in regards to professional life. Here, it is imperative that individuals follow their dreams when choosing a career. As the Bhagavad Gita states, "It is better to live your own destiny imperfectly than to live an imitation of somebody else's life with perfection." Money, though important, must not be the sole factor in choosing and pursuing a career. The pleasure you receive from doing a certain job, often times, can outweigh the value of money. More often than not, people who possess talent in more unconventional areas, such as drama, literature, or acting, forsake their talent for more lucrative areas, such as engineering. However, success can be achieved in any field with perseverance, dedication, and discipline. Practice, effort, and the pursuit of perfection in any field will lead to success, be it acting or engineering. One must put aside societal ideals and work extremely hard and overcome obstacles to achieve their goals if he/ she wishes to have a fulfilling life. As the Bhagavad Gita states, "The devoted and disciplined person who controls his mind will attain tranquility and oneness." In a sense, those who focus their efforts toward their passions in a disciplined fashion are more likely to achieve tranquility and success.

The family sector of life requires that individuals have close familial bonds and that they have close knit, well grounded relationships with parents, siblings, grandparents, and relatives. Regardless of what one does in his/her professional life, one cannot truly enjoy life without the presence and comfort of family. Family members are the core of one's happiness, and whether you fail or succeed, they will be there to comfort, aid, or support you in any way. It is important to always respect family members, and one must help them in any way possible. The Bhagavad Gita even states, "Those whose consciousness is unified abandon all attachment to the results of action and attain supreme peace. But those whose desires are fragmented, who are selfishly attached to the results of their work, are bound in everything they do." From this quote, we can see how unconditional love is necessary between family members for a healthy relationship. Without these strong familial relations, one can never really experience the joy of being in a family, which is important to almost all humans.

The remaining sector of life is the spiritual sector, perhaps the most important of all the others. Spiritual life extends its influence into the other sectors; devotion to God leads to profound advantages, including mental, physical, and emotional benefits. Devoting oneself to God allows for one to look beyond regular, worldly matters and question and look into the ideas of morality; religion allows for people to live their lives in a positive, ethical manner. In a sense, religion keeps people on a path of correctness. Without, a strong spiritual base, an individual will be lacking an important element in their life, an element which no amount of money, power, or humans can ever fill. Without spirituality, devotion to God, and a disciplined practice of religion, the path to happiness and success will be cut short, as believing and practicing a faith allows one to be morally and ethically knowledgeable. As the Bhagavad Gita mentions, "The peace of God is with them whose mind and soul are in harmony, who are free from desire and wrath, who know their own soul." God's blessings are necessary to succeed in life, and one can only achieve harmony, tranquility, and happiness by coming to terms with one's inner self, which is done through learning about religion and God. In all, the sector on spirituality leads individuals to long lasting happiness and success.

All in all, these guidelines set aside a relatively good course for the attainment of success and happiness. Though the road may not always be happy, easy, and clear cut, the application of persistent effort, discipline, and an unyielding, indomitable spirit in the face of adversity in all three sectors will lead to overall success and happiness regardless of an individual's career goals or personal achievements. A strict devotion to God, a strong vision and desire to succeed in a career, and close-knit, intimate familial bonds, in large part, will lead a good majority of people to a happy, healthy, and successful life.

Bal-Vihar and Youth Update

ITA Bal Vihar Program will begin on Sept 14th 2014

Time: 10:00 AM – 1:00 PM **Location: To be finalized**

Teaching Vedic Heritage Giving Our Children Positive Identity!

Registration will begin July 1st, 2014, and will be on first come first served basis. Registration is limited to 250 children. There will be a nominal fee of \$151.00 per student. The parents must become ITA members to enroll their children. We humbly request lunch and annual day sponsorships. The fees do include cost of lunches, Pujas and festivals. There will be additional cost for the Annual Day. All donations are welcome.

Groups **Subjects**

Pre-K (Prithvi) Hindu Art, Shlokas/Songs/Story

KG-A (Megha A) **Stories from Panchatantra**

KG-B (Megha B) **Stories from Puranas**

1st (Saagar) **Moral Stories**

2nd-A (Vaayu A)

2nd-B (Vaayu B) Stories of Saints, Bala Bhagvatam

3rd (Pavan A)

3rd (Pavan B) Ramayana - Stories

4th (Aakash A) Stories of Ten Avataaras of Lord Vishnu, Mahabharata - Stories

Mahabharata - Stories 5th (Aakaash B)

6th (Agni A) Values

7th (Agni B) Principles of Hinduism, Isvara and Religious Disciplines

8th grade (Medhaa) Vedic Chanting, and open ended Discussion about Hinduism.

Note-8th grade students have an option to join Bal Vihar, or join Yuva Darshan (Youth) group

GLOBAL SRI VISHNU SAHASRANAMA (SVS) FEDERATION SEVENTH ANNUAL GLOBAL SATSANG



Temples, Organizations, Community Centers, and Individual Families Participate in the SRI VISHNU SAHASRANAMA (VSN) PARAYANA for Viswa Shanti and Kalyanam

On Saturday, September 27, 2014, Starts at 0930 AM EST at Mandir Contact: Suri Vemuri, Ph. D., Global SVS Federation, Palm Bay, FL, USA

Phone: 321-759-6993 (Cell), Email: globalavs.satsang@gmail.com

Kshama Raghuveer, Ph. D., Phone: 707-332-3400 (Cell), Email: kshamatemple@gmail.com

ITA Gita Vichara Group

Gita Vichara Group in Marlton just completed their studies of Bhagvad Gita and now ready to begin the new text, Tattvabodha, on Tuesday, March 3rd, 2014 at 8:00 PM at Sandhya and Nitin Motiwala residence at 2 Elizabeth Court, Marlton, NJ 08053. Though the group meets in a private home the class is open to community members. If you are interested, please contact Lata Pimplaskar who is the moderator of the class at 856-985-4785 or latap@comcast.net.

Tattvabodha: Bodha means knowledge, tattva means the essence or the Truth. The text covers the vision of the essence of everything. "The Truth of everything" - gross, subtle and causal body, Atma, Devatas, and Karmas and it's results with cycle of birth and death. Join us! Hari Om! Lata Pimplaskar

ITA Seva Samiti presents:

3 STEP RHYTHMIC BREATHING MEDIATION & BHAGWAT GEETA

BY: MR. RAJEN VAKIL

Mr. Rajen Vakil's guru, Shri S. N. Tavariaji has distilled the ancient secrets of Yogic asanas, pranayamas, and other higher practices into a few simple exercises which were passed on verbally in 'Guru-Shishya' parampara of thousands of years. Sri Tavariaji had a group of students with whom he shared this invaluable knowledge.

Mr. Vakil has dedicated his life to spreading it throughout the world. He came to our temple last year and shared with us the powerful 3 Step Rhythmic Breathing (3SRB) techniques. That seminar was very well attended and many of us found it beneficial. He is coming back to our temple on September 12, 13, and 14 to discuss Arjuana Vishad Yoga (Chapter 1 of the Bhagwat Geeta), along with rhythmic breathing exercises.

3SRB when practiced diligently will deliver TOTAL HEALTH - Physical, Emotional, Mental, and Spiritual. Vishada Yoga will also help better management of emotions, energy, and free the mind from negativity. By practicing Vishada Yoga, we can embark on the long but fulfilling journey of freeing the Self from its indulgence in lower psychic nature. Mr. Vakil will help us understand and apply the art and science of self observation to bring peace and harmony, within.

Please be sure to take advantage of this unique opportunity:

Friday - September 12, 2014 7:00 PM to 9:00 PM (Refreshments served @ 6:30)

Saturday - September 13, 2014 3:00 PM to 6:00 PM

Sunday - September 14, 2014 4:00 PM to 7:00 PM (Mahaprasad will be served)

For more information, please contact:

Hina Desai: 856-424-1934 hinamdesai@hotmail.com

Sunitha Reddy: 856-596-3215 sunithahreddy@yahoo.com

Sadhna Kothari: 856-217-3645 sk0606@verizon.net

Seva Samiti program contacts:

Sandwich bags for the homeless: Hina Desai hinamdesai@hotmail.com

Youth program: Chetna Giyanani chetnatemple@gmail.com
Funeral services: Charu Sheth charu_sheth@yahoo.com
Parivar Seva: Sunitha Reddy sunithahreddy@yahoo.com

JAI SHREE KRISHNA

Spiritual Celebration

Importance of Pitri-Paksha Shradha-Tarpan
Every year, an important period of 16 days (Pitru Paksha or
Shraadh) is dedicated to the ancestors and forefathers. Pitru Paksha
is considered perfect for performing Tarpan rituals. It is believed
that the rituals performed during Shraddh produces best results for
pleasing the ancestors. Shradh occurs right before the Sharada Navaratri in autumn. Like every year, Shraddha is coming again in 2014



with a great significance for our ancestors and for us. Shradh marks an important time for performing the ritual of Tarpan. Hindus will perform rituals of Tarpan for their departed ancestors and forefathers this year at our mandir. We will perform Tarpan in Shradh in the way of remembering, giving thanks and honoring the ancestors for all they have given us, the present generations. It is a way of telling them that they are still an important part of our family and they still reside in our memories. Period of Shradh is also known as Pitru Paksha. Shraadh Paksha is also a time to offer our prayers for liberation of our forefathers' Atmas

Date: Sept.8th to Sept.23rd 16 days according South Jersey Panchang Matri Navami Shradha on Wednesday Sept.17, 2014 Sarva Pitri Shadha on Tuesday Sept.23, 2014

We are introducing two new short pujas during Shraddha Paksha lasting 15-20 minutes through out the mornings between 9:30 and 11:30. No booking needed. For questions, please contact Pujari Sudhirji.

Programs for Your Spiritual Growth

YOGA ABHYAS FOR HEALTH, HAPPINESS & GOD

REALIZATION: A program for adults on Yogasana, Pranayam & Meditation.

First Sunday: 9:30 -11:30 a.m. at our Mandir Contact: Virendra Gupta @ (856) 424-9313

GITA STUDY GROUP:

Every Tuesday & Wednesday, 8-9 p.m. at our Mandir Contact: Sharad Pimplaskar @ (856) 985-4785

BHAJANS & STUTI:

Every Friday, 7:30-9 p.m.

Contact: Shree Shuklaji or Shri Sudhirji (856) 768-6785

Regular Programs for Children and Youth

BAL VIHAR: For children (ages 4-13), to promote a positive Hindu identity within the diverse U.S. culture.

2nd & 4th Sunday @ 10 a.m. - 1 p.m.

Contact: Ramesh Viswanathan (856) 489-1830, Bhavesh Patel 1-855-my-mandir ext 3, Rina Patel (856) 313-5235 for registration and location

YOUTH PROGRAM: A program for young adults (ages 13-18) and parents. 2nd & 4th Sunday, 9:45 a.m. - 1 p.m. at

our Mandir.

Contact: Praveen Garg (856) 783-4692 or Sangeeta Rashat-

war at (856) 424-4211

CREATIVE ART WORKSHOP

1st, 3rd & 5th Sunday @ 9:30 a.m. at our Mandir

Contact: Narendra Amin (856) 429-8761

PUJA SERVICE CHARGES, TEMPLE FACILITIES USAGE FEE AND OTHER CHARGES:

The following provides list of applicable charges and fees.

Shri Shuklaji /Shri Sudhirji will be available for religious services on request. Please check temple availability at www.indiatemple.org; Click on "CALENDAR tab" and, from drop-down menu, Click on "EVENT/RENTAL CALENDAR". Please contact Smt. Charu Sheth or Shri. Harish Shelat at 1-855-MY-MANDIR Ext 1 for the booking of the Temple Facilities and/or scheduling of Puja Services by Shuklaji or Sudhirji.

PUJA SERVICE	INSIDE TEMPLE	OUTSIDE TEMPLE	Following listed fees and charges are in addition to the charges listed for Puja Services			
Archana (Panchopachar)	\$11	N/A				
Vahan (Vehicle) Puja	\$21	N/A				
Namakaran/Annaprashan	\$51	\$101				
Birthday	\$51	\$101	TEMPLE FACILITIES USAGE FEE			
Shraddha	\$51	\$101	Prayer Hall: \$200			
Anniversary Celebration	\$101	\$151	Social Hall: \$300			
Seemant	\$101	\$151				
Kesh Mundan Puja	\$101	\$151				
Sodashopchar, Kalash Puja, Punyah-Vachan						
or Blessings	\$101	\$151	OTHER CHARGES			
Satyanarayan Puja	\$121	\$151				
Engagement Ceremony	\$101	\$201	MILEAGE AND TRAVEL TIME TIER			
Havan/Grah Shanti	\$201	\$251				
Vastu Puja - outside service only	N/A	\$251	\$0 for 1 - 25 mile radius			
Sunderkand Path	\$151					
Wedding Grah Shanti	\$201	\$301	\$51 for 26 - 100 mile radius			
Wedding Ceremony per day	\$301	\$351	\$101 for 101 - 150 mile radius			
Upanayan/Yagnopavita	\$251	\$301				
Antim Rites (Funeral Service)	Voluntary Donation		\$151 for 151 - 200 mile radius			
Uttar Kriya per day - outside service only	N/A	\$101	NON-MEMBER			
Yagna/Laghu Rudra - outside service only	N/A	\$351	Ф51 C 1 1			
Navchandi Yagna - outside service only	N/A	\$651	\$51 for non-member surcharge			

NOTE: Charges and availability of other Puja Services not listed above may be discussed with Smt. Charu Sheth at 1-855-MY-MANDIR Ext 1

DIRECTION TO BERLIN TEMPLE

A. From Tacony Bridge:

Take NJ route 73S; drive for about 12 - 13 miles and follow signs for East Taunton Avenue. Temple is on your right

B. From Ben Franklin Bridge:

Take route 30E to NJ route 70E to NJ route 73S, drive for about 7 miles and follow signs for East Taunton Avenue. Temple is on your right

C. From Walt Whitman Bridge or Delaware Memorial Bridge:

Take I-295N to Exit 29-A for route 30E to Berlin Twp. Turn left on East Taunton Avenue

D. From Central and North Jersey:

Take NJ Turnpike South. Exit 4 for route 73S. Drive for about 10 - 11 miles and follow signs for East Taunton Avenue on your right



President

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Shobna Daga 1-855-my-mandir x 713 treasurer@indiatemple.org

Religious Services Facility Rental Temple Manager

Charu Sheth Harish Shelat 1-855-my-mandir x 1 manager@indiatemple.org

Darshan Schedule

Morning

7:30 am - 12:30 pm

Evening

3 pm. - 9 pm

Aarti

12 pm & 8 pm

Times may change during special occasions

Please use the front door and ring the bell if locked

India Temple Association, Inc.

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PLEASE REVIEW YOUR ADDRESS LABEL AND RENEW YOUR
MEMBERSHIP BASED ON EXPIRATION DATE OR SUPPORT ITA WITH YOUR
ENROLLMENT IF YOU ARE NOT IDENTIFIED AS A MEMBER

Please check appropriate items from the following, and mail it to Hindu Temple, 25 East Taunton Ave., Berlin, NJ 08009 Attn: Mr. M. Kanzaria

	eiation and I/We are remitting the membership dues
(please select one) Individual or Family one year	
Individual or Family five year	ar (\$151)
Life (\$1,001)	
[] I/ We are seniors, age 65 and above and wou	ıld like to join India Temple Association. I am/We are
emitting the membership dues	
(please select one) Individual or Family Five year	ar (\$25)
Life (\$101)	
I am adding additional donations:	
Scholarship FundLifetime Sev	va (\$301)Temple Renovations
Seva Samiti Fund Bal Vihar	Fund Youth Fund
[] I am relocating to the following address	
Last Name: F	irst Name:
Address:	
Telephone: F-mail:	